**SB Regional High School**

**Health II - Mrs. Driscoll**

**Course Description**:

This class meets two days per eight-day cycle for half the school year and it is a requirement for graduation. It is designed to provide basic health concepts necessary for the achievement of optimal health. You will be practicing skills through lessons that are planned with the use of the **National Health Education Standards**. This way you are more likely to apply these skills in your everyday life. These skills include: analyzing influences, accessing information, interpersonal communication, decision-making, goal setting, self-management and advocacy.

**Massachusetts Comprehensive Health Curriculum Standards** thatare also addressed:

* Social and Emotional Health
* Violence Prevention
* Nutrition
* Alcohol, Tobacco and Other Drugs
* Reproduction/Sexuality

**Classroom Rules**:

In an effort to create a classroom atmosphere that feels safe and comfortable, where students feel free to ask questions, answer questions and share information, all students and staff must:

* Arrive on time to class
* Be prepared with notebook and writing utensil
* Respect yourself, classmates and teacher through your words and actions, such as:
* Listening and respecting what others say without judgment
* Keeping your desk and classroom neat and clean
* Being responsible and choosing appropriate and kind words
* No cell phones or any other type of electronics will be tolerated during instruction, independent or group work or any other time during class.
* No eating in class, as directed by administration, to reduce the risk of allergic reactions in our school.

**Grading policy**: Class attendance is very important, as many of the activities are classroom-centered and difficult to recreate and make up.

* Term grades are based upon the following criteria:
* 25% - present, prepared and participating in classroom discussions and activities
* 25% - classwork and homework
* 50% - projects and tests/quizzes

**Make-up Policy**:

Students are responsible for making up missed homework and tests/quizzes within two class days after returning from an absence. It is your responsibility to check in with me to discuss missed assignments that can be made up.